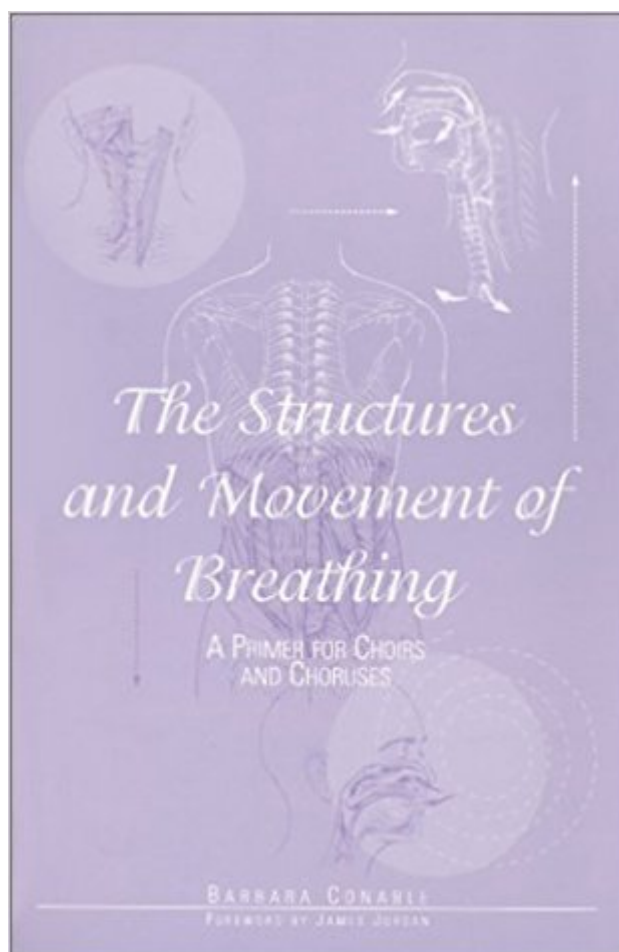


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The Structures And Movement Of Breathing: A Primer For Choirs And Choruses/G5265



Synopsis

This enlightening handbook is designed to provide choir members clear and concise information about their breathing so that they may sing with optimal enjoyment and beauty. Featuring dozens of detailed illustrations and explanations, this book is a crucial tool to anyone on a quest for phenomenal sound. Crucial to this quest is understanding how our own bodies work to produce sound through a technique known as Body Mapping. This handbook is perfect for use during choir warm-ups and rehearsals. Foreword by James Jordan.

Book Information

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Customer Reviews

I bought this book together with a list of specialized books on opera singing and Belcanto. I was so positively surprised how diligently the author described vocal functions, breathing and body structures in detail. The book contains wonderful drawings and explains every body mechanism so clearly that it is a joy to read it. I found that it is one of the most useful books for every singer who wants to understand what his or her body does when he sings. Together with the exercises I recommend in my Book Singing like Callas and Caruso, it is an ideal combination. I really, really recommend this book as it gave me many insights when I was writing my own book about Belcanto. [Singing like Callas and Caruso: Belcanto Voice and Body Training](#)

This book is a great resource for learning about breathing and posture and is especially good at explaining the anatomy that allows for these processes. It's filled with clear anatomical diagrams that explain the concepts discussed so that you can have vivid imagery of what is happening when you

breathe. I study and teach French horn and have found this book to be a fantastic resource for explaining concepts like the diaphragm and where the lungs are located in the body. I highly recommend it for any music teacher, especially wind/vocal players

recommended reading for aspiring singers and choir members

Ms. Conable always brings great understanding to the use of the body. This book is a must for teachers and players of musical instruments. It's a whole new way to approach breathing from the narrow understanding we had when I was growing up.

This book would be beneficial to singers at any level who do any style of singing because it's grounded in physiological reality. Unfortunately, well-meaning voice teachers and choral directors are guilty of perpetuating all kinds of misinformation about the body's structure and function in singing. Sometimes this misinformation is the result of ignorance; sometimes, faulty imagery. This book is a good antidote to misinformation. It also provides a great introduction to the concept of body mapping.

Phenomenal and practical approach that can be adapted and shared with students fairly easily. Extremely informative for any wind musician, be it choral or band member.

I buy this book as a Christmas gift for all my voice students. It's very practical and a useful tool for singers.

This is an extremely well written booklet for helping choristers to understand the mechanics behind free breathing and singing. I am considering purchasing copies for each member of my church choir.

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